

# Kimchi

*All Around the World*

## Vocabulary

**Directions:** Translate the word into your language. Then, draw a picture to help you remember the word.

| English                           | Translate into Your Language                                   | Draw a Picture  |
|-----------------------------------|--|---|
| <small>example</small><br>cabbage | 양배추 cavolo chou الكرنب kál repollo<br>капустя Hvítkál 卷心菜 キャベツ |  |
| famous                            |  |   |
| radish                            |  |   |
| ginger                            |  |   |
| historian                         |  |   |
| exist                             |  |   |
| ingredients                       |  |   |
| popular                           |  |   |
| underground                       |  |   |
| contain                           |  |   |
| vitamins & minerals               |  |   |
| probiotics                        |  |   |
| healthy                           |  |   |

# Reading

**Directions:** Read the passage.

Kimchi is a famous Korean side-dish. Usually, it is made with cabbage or radish. Some of the other ingredients include red pepper powder, salt, garlic, and ginger. Some historians say that kimchi has existed for over 2,000 years! Despite its long history, you can still find kimchi on nearly every breakfast, lunch, and dinner table in Korea. Kimchi is now a popular food outside of Korea, too. You can find it in restaurants and supermarkets all over the world!



Long ago, kimchi was stored in pots underground. Today, many people prefer to buy kimchi refrigerators so the tasty side-dish is available all the time. Kimchi is not only delicious but also healthy. It contains many beneficial vitamins, minerals, and probiotics to keep your body healthy. So, if you are looking for a delicious and healthy addition to your next lunch or dinner, you should try Korea's most famous food: kimchi!

## All About You

**Directions:** Read each statement and then write a similar sentence about your life. Then, share your sentences with a partner.

1. Kimchi is a **famous** food in Korea.

What is a **famous** food in your country?

\_\_\_\_\_ is a famous food in my country.

2. The **ingredients** of kimchi are cabbage, red pepper powder, salt, garlic, and ginger.

What are the **ingredients** of your favorite dish?

The ingredients of \_\_\_\_\_ are \_\_\_\_\_.

3. Kimchi is **delicious** and **healthy**.

What two words describe your favorite food?

\_\_\_\_\_ is \_\_\_\_\_ and \_\_\_\_\_.

4. Kimchi is popular all over the world.

What is another food that is popular all over the world?

\_\_\_\_\_ is also popular all over the world.

## Teacher Notes

*All Around the World* is designed to help students understand and appreciate other cultures while building English language skills.

### **Suggested teaching procedure:**

1. Write "kimchi" on the board and ask students what the word means. Have a short, class discussion. Tell the students they will be learning about a popular food from another culture.
2. **Vocabulary.** Students may work individually or with a partner. Students begin by attempting to translate the words into their native language.
3. **Picture.** Students should draw a picture of the word. This will help them internalize word.
4. **Reading.** Teacher should choose how the passage is read. (teacher, partners, individually, aloud, silently, etc.) The passage should be read 2-3 times in total using various methods.
5. **All About You.** In this section, students attempt to make a personal connection to the text. Answers should be shared with a partner first, then with the whole class.

**Lesson time:** approximately 50 minutes