

 **Junk Food** 

Directions: First, guess the meaning of each word. No looking at your smartphone! Next, write the real definition on the line below.

prepare ____

your definition: _____

real definition: _____

junk food ____

your definition: _____

real definition: _____

fast food ____

your definition: _____

real definition: _____

lifestyle ____

your definition: _____

real definition: _____

healthy ____

your definition: _____

real definition: _____

resolution ____

your definition: _____

real definition: _____

wrapper ____

your definition: _____

real definition: _____

workout ____ or **work out** ____

your definition: _____

real definition: _____

tempting ____

your definition: _____

real definition: _____

addictive ____

your definition: _____

real definition: _____

Idioms

spare tire

your definition:

real definition:

eat like a horse

your definition:

real definition:

Junk Food

Directions: Look at the example sentence. Then, write your own sentence with the word.

prepare

example: I prepared dinner for you. It is in the refrigerator.

your sentence: _____

junk food

example: I must go on a diet. I eat way too much junk food!

your sentence: _____

fast food

example: What is your favorite fast food restaurant?

your sentence: _____

lifestyle

example: I enjoy a fast-paced, city lifestyle.

your sentence: _____

healthy

example: My younger brother doesn't eat a healthy diet.

your sentence: _____

resolution

example: I made a resolution to quit smoking.

your sentence: _____

wrapper

example: Please put your candy wrappers in the garbage can!

your sentence: _____

workout ____

example: I had an intense workout this morning before work!

your sentence: _____

tempting____

example: Oh boy! That cheese cake is tempting! I have to get a slice.

your sentence: _____

addictive____

example: These potato chips are so addictive. I can't stop eating them!

your sentence: _____

JunkFoodFlick & Speak

5 points	Who usually prepares meals in your family? Are they healthy?	What is a spare tire?	What is your favorite fast food restaurant?	In your opinion, which fast food is addictive?
4 points	What kind of lifestyle do you have?	Steal 5 points from your partner!	Which dessert is most tempting?	How often do you eat fast food?
3 points	What is your favorite junk food?	What time of day do you work out?	What healthy food did you eat today?	Switch points with your partner!
2 points	Both teams lose ALL points!	What resolution will you make this year?	When is the last time you ate like a horse? What did you eat?	Which do you prefer, chicken or pizza?
1 point	What is one dessert that you <u>do not like</u> ?	What is your favorite salty snack?	What is your favorite sweet snack?	1. What is your favorite junk food? 2. Describe the wrapper.

Scoreboard	
Player	Points
1	
2	

Put coin, clip, or cap here!

- Directions**
- ① Use a coin, paper clip, or a pen cap and flick the object to a space.
 - ② Answer the question with a **FULL SENTENCE**.
 - ③ If you say the sentence correctly, get the points
 - ④ Once a sentence is said correctly, draw an X on the space. This space is now unplayable.
 - ⑤ Player with the most points at the end is the winner.